

Wolves and Women's Weekend: Northwoods Winter

Friday - Sunday February 28 – March 1, 2020

Welcome!

We are excited you are interested in the Wolves and Women's Weekend: Northwoods Winter program! Below are important details to make your International Wolf Center experience great!

Registration

Registration is available online at http://www.wolf.org/programs/learning-adventures/. Click on the "Register" button to fill out your registration and make your payment. Once completed, you will receive an email confirming your registration. This is a popular program, so get your registration in early! Registrants are accepted on a first-come, first-served basis.

To participate in the program, you must fill out and turn in the Medical History and Liability form before you will be allowed to participate. You can mail it, scan and email it, or bring it in on the first day. The form is at the end of this document.

Mail it: International Wolf Center or scan and send via email to: programs@wolf.org
Programs
1396 Highway 169
Ely, MN 55731

Handicapped Accessibility

The International Wolf Center in Ely is a handicapped accessible facility. Displays feature braille signs, and we have sign language interpreters available *if arrangements are made ahead of time*. However, our outdoor educational programs may involve, walking, hiking over uneven terrain, cross-country skiing, snow shoeing, or other moderately strenuous activities. The International Wolf Center cannot provide special arrangements for persons physically unable to participate in the planned activities for a specific program.

Cancellation and Refunds Policy

In some cases, the Center may be required to cancel a program if conditions arise that are beyond our control and adversely affect the well-being of the trip members such as a natural disaster. We also have minimum numbers of participants required to conduct each program. If the minimum is not met, the program may be cancelled, and notice given to existing registrants. In such a case, a full refund of the program registration cost is given.

The Center recognizes that there are times when participant cancellations become necessary. The following is our program cancellation policy:

All cancellations are subject to a \$50.00 processing fee.

This is in addition to the following conditions:

- No refund of full program fee will be issued if cancellation is made within 14 days of program start.
- Cancellations made between 30 and 15 days will receive refund of payment minus deposit or will receive full credit toward a comparable program.
- Cancellations made 31 or more days before the start of the program will receive refund of payment and deposit.

The Center is unable to provide special arrangements for persons physically unable to participate in the planned activities for this specific program. However, participants may choose not to attend those activities.

The International Wolf Center regrets that it cannot make exceptions to the refund policy. If you think there is a chance that you will need to cancel, we recommend acquiring trip insurance from a commercial source. Trip insurance can help protect you against financial loss if you must cancel or interrupt your trip.

The Center reserves the right to cancel any program if conditions arise that is beyond its control and adversely affects the well-being of the program participants. In such a case, a full refund of the payment received is given, but the Center is not responsible for additional expenses incurred by participants in preparing for the program including flights and other travel expenses.

The Center acts in the capacity of agent only in matters of transportation and program operation. We are not responsible for delays, inconveniences, accidents, expense or mishap of any kind whatsoever resulting entirely, or in part, from the negligence of others or from causes beyond its control. It accepts no responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, or other causes. All such losses or expenses will have to be borne by the participant, as program rates provide for arrangements only for the time stated. The right is reserved to substitute accommodations or modes of transportation and to make any changes in the itinerary where deemed necessary or caused by changes in schedules.

The Center takes no responsibility for special arrangements or problems incurred by persons physically unable to participate in the planned activities. No refund can be made for absence from the program unless arrangements are made at the time of the booking. The right is reserved to decline, to accept or to retain any person as a participant for any reason, which affects the operation of the program or the rights and welfare or enjoyment.

Lodging

Friday night of the program will include lodging at Northern Tier High Adventure Canoe Base. Accommodations are rustic cabins with heaters to provide some warmth.

Saturday night, each participant may take the option of staying overnight at the Center in the auditorium. Accommodations at the International Wolf Center are sleeping on the lightly carpeted, auditorium benches (bedding is the responsibility of the participant). Showering facilities are not available at the International Wolf Center.

Off-site lodging is available at hotels in Ely and is the responsibility of the participant. For more information on Ely Area accommodations, please visit the Ely Chamber of Commerce.

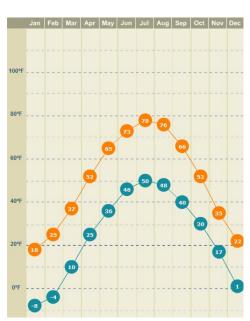
Meals Provided:

- Friday: Dinner at Northern Tier
- Saturday: Breakfast and lunch at Northern Tier. Dinner at a local restaurant
- Sunday: Continental breakfast at the International Wolf Center

There are no cooking facilities available at the Center.

Transportation

The Center will provide transport for any field activities during the program, unless otherwise specified. Travel outside of programming is the responsibility of the participants.



Annual temperatures for Ely, MN

Having the proper equipment for outdoor activities can make the difference between a fun adventure and an uncomfortable slog in the woods.

The use of layered garments for protection against weather extremes is key to a successful outing. Loose-fitting layers allow you to maintain a comfortable body temperature and keep you dry as temperatures, precipitation, and your own exertion levels change.

Proper footwear is also essential. Closed-toed, supportive athletic shoes or boots with socks will provide the most support and comfort.

PLEASE come prepared for the weather. Consider the predicted temperatures, PLUS wind chill and nightly lows. *Image courtesy of www.weather.co*

Suggested packing list for any season:

- Camera (optional)
- Warm socks (not cotton)
- Rain gear (doubles as wind breaker)
- Sturdy, warm boots for hiking/snowshoeing
- Hat
- Pants to hike/snowshoe comfortably in
- Shirts and other layers

- Warm fleece jacket or sweater (Layers!!!)
- Sleepwear
- Warm Sleeping bag and/or other warm bedding (Bedding not provided)
- Pillow
- Toiletries
- Travel alarm clock
- A change of clothes

Additional packing list for this program:

- Winter base layers (synthetic or wool)
- Winter insulating layers (fleece or other)
- Winter exterior layers (hard shells, or water proof)



Note: Itinerary is subject to change, and outdoor hikes and activities may vary with weather conditions.

Friday, February 28, 2020

- Receive free admission to the International Wolf Center. Use this time for self-guided exploration of the Discover Wolves! and Little Wolf Exhibits, watch a wolf-themed movie in the theater, participate in an interpretive program in the auditorium or for observation of our ambassador pack of live gray wolves. The Center is open daily at 10:00 a.m.
- 4:00 p.m. Meet in classroom for introductions and expectations for this weekend program!
- 4:30 p.m. Depart for Northern Tier High Adventure Canoe Base
- 5:30 p.m. Dinner at Northern Tier
- 8:30 p.m. Enjoy wine, cheese, and refreshments
- 10:00 p.m. Settle into your cabins for the night

Saturday, February 29, 2020

- 7:30 a.m. Start your day with a hot breakfast at Northern Tier
- 9:00 a.m. Introduction to dog sledding with a short ride
- 10:30 a.m. Discuss wolf research and radio telemetry. Prepare for an afternoon trip into wolf country in search of a wolf's radio signal
- 12:00 p.m. Lunch at Northern Tier
- 1:00 p.m. Spend the afternoon snowshoeing in search of that elusive wolf radio signal via snowshoe
- 4:00 p.m. Depart for dinner at a local restaurant
- 6:00 p.m. Get ready to learn about predator/prey relationships during our weekly "What's for Dinner?" program at the International Wolf Center.
- Enjoy wine and cheese after the program
- 9:00 p.m. Settle in for a slumber party style overnight in the International Wolf Center's observation area

Sunday, March 1, 2020

- 7:30 a.m. Continental breakfast at the Center
- 8:00 a.m. Pack up belongings and wrap up our adventure
- Program concludes at approximately 9:00 a.m.

Explore the Center and depart at your leisure, the International Wolf Center closes at 2:00 p.m. on Sundays.

Educational Program Registration and Liability Form Please fill out a form for each program participant

International Wolf Center

Teaching the World about Wolves

Program name:	Program date(s):	
Name of participant:	Age:	Gender:
If under 18, Parent/Guardian name:		
Contact Information for Parent/Guardian during the program	:	
Alternative Emergency Contact:	Phone:	
Participant's Home Address:		
City/State/Zip:	Home Pl	none:
Does the participant have any dietary needs or food allergies?		
Is the participant allergic to bee stings or insect bites?		
Does the participant have any medical conditions or allergies w	ve should be aware of?	
Is the participant currently on medication?		
Explain:		
Current immunizations are required for participation. Participa	nt is current on vaccination	ons(initials)
Health Insurance Company:	Policy Number:	
Family Physician:	Phone:	
I give permission for the aforementioned participant to attend dates indicated above. I understand that they will be supervised inherent in any type of indoor or outdoor program including p harmless. The program may include both indoor and outdoor a permission for necessary emergency medical care to be given to participant under the age of 18, I understand I need to pick up	I by an International Wol rogram transport, the Inte activities, for which I will to the participant at an app	f Center staff member, and given risks ernational Wolf Center is to be held prepare the participant. I also give propriate medical facility. For a
Signature: (Parent or Guardian if under 18)	Date	<u>. </u>
(Parent or Guardian if under 18) I give permission to the International Wolf Center to use photo		
Signature:	Date	::
(Parent or Guardian if under 18)	Updated 2018 KH	