



Wolves and Women's Weekend

Boundary Waters Adventure

Friday - Sunday

September 14-16, 2018

Welcome!

We are excited you are interested in our **Wolves and Women's Weekend: Boundary Waters Adventure** program! Below are important details to help make your International Wolf Center experience great!

Registration

Registration is available online at <http://www.wolf.org/programs/learning-adventures/wine-women-and-wolves/>. Please click on the "Register" button to fill out your registration and make your payment. Once completed, you will receive an email confirming your registration. This is a popular program, so get your registration in early! Registrants are accepted on a first-come, first-served basis.

To participate in the program, you must **fill out and turn in the *Medical History and Liability*** form before you will be allowed to participate. You can mail it, scan and email it, or bring it in on the first day. The form is at the end of this document.

Mail it: International Wolf Center or scan and send via email to programs@wolf.org
Programs
1396 Highway 169
Ely, MN 55731

Handicapped Accessibility

The International Wolf Center in Ely is a handicapped accessible facility. Displays feature braille signs, and we have sign-language interpreters available *if arrangements are made ahead of time*. However, our outdoor educational programs may involve, walking, hiking over uneven terrain, cross-country skiing, snow shoeing, or other moderately strenuous activities. The International Wolf Center cannot provide special arrangements for persons physically unable to participate in the planned activities for a specific program.

Cancellation and Refunds Policy

In some cases, the Center may be required to cancel a program if conditions arise that are beyond our control and adversely affect the well-being of the trip members such as a natural disaster. We also have minimum numbers of participants required to conduct each program. If the minimum is not met, the program may be cancelled and notice given to existing registrants. In such a case, a full refund of the program registration cost is given.

The Center recognizes that there are times when participant cancellations become necessary. The following is our program cancellation policy:

All cancellations are subject to a \$50.00 processing fee.

This is in addition to the following conditions:

- No refund of full program fee will be issued if cancellation is made within 14 days of program start.
- Cancellations made between 30 and 15 days will receive refund of payment minus deposit or will receive full credit toward a comparable program.
- Cancellations made 31 or more days before the start of the program will receive refund of payment and deposit.

The Center is unable to provide special arrangements for persons physically unable to participate in the planned activities for this specific program. However, participants may choose not to attend those activities.

The International Wolf Center regrets that it cannot make exceptions to the refund policy. If you think there is a chance that you will need to cancel, we recommend acquiring trip insurance from a commercial source. Trip insurance can help protect you against financial loss if you must cancel or interrupt your trip.

The Center reserves the right to cancel any program if conditions arise that is beyond its control and adversely affects the well-being of the program participants. In such a case, a full refund of the payment received is given, but the Center is not responsible for additional expenses incurred by participants in preparing for the program including flights and other travel expenses.

The Center acts in the capacity of agent only in matters of transportation and program operation. We are not responsible for delays, inconveniences, accidents, expense or mishap of any kind whatsoever resulting entirely, or in part, from the negligence of others or from causes beyond its control. It accepts no responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, or other causes. All such losses or expenses will have to be borne by the participant, as program rates provide for arrangements only for the time stated. The right is reserved to substitute accommodations or modes of transportation and to make any changes in the itinerary where deemed necessary or caused by changes in schedules.

The Center takes no responsibility for special arrangements or problems incurred by persons physically unable to participate in the planned activities. No refund can be made for absence from the program unless arrangements are made at the time of the booking. The right is reserved to decline, to accept or to retain any person as a participant for any reason, which affects the operation of the program or the rights and welfare or enjoyment.

Program Lodging

During the dates of the program, each participant may take the option of staying overnight at the Center in the auditorium, or on site at Northern Tier High Adventure Canoe Base in rustic cabins. Accommodations at the International Wolf Center are sleeping on the lightly carpeted auditorium benches (bedding is the responsibility of the participant). Showering facilities are not available at the International Wolf Center.

Accommodations at Northern Tier are bunk beds and mattresses in a heated cabin. Bathroom and showering accommodations are in a separate building nearby (bedding and towels are the responsibility of the participant).

Meals Provided:

- Friday dinner
- Saturday breakfast, lunch and dinner
- Sunday continental breakfast

There are no cooking facilities available at the Center.

Transportation

The Center will provide transport for any field activities during the program in a 14-passenger mini-bus unless otherwise specified. Travel outside of programming is the responsibility of the participants.

Annual temperatures for Ely, MN:



Weather

Having the proper equipment for outdoor activities can make the difference between a fun family adventure and an uncomfortable slog in the woods.

The layered use of garments for protection against the wind, rain, sun, and temperature extremes are the goals of your clothing choices. Loose fitting layers allow you to maintain a comfortable and dry body by having flexibility in insulation as outside temperatures change and as your own body's temperature and moisture output changes with different levels of exertion.

Image courtesy of www.weather.com

Suggested packing list for any season:

- Camera (optional)
- Warm socks (not cotton)
- Rain gear (doubles as wind breaker)
- Sturdy (and warm) shoes or boots for hiking
- Hat
- Pants to hike/snowshoe comfortably in
- Shirts and other layers
- Warm fleece jacket or sweater (Layers!!!)
- Sleepwear
- Warm Sleeping bag and/or other warm bedding (Bedding not provided)
- Pillow
- Toiletries and towel
- Travel alarm clock
- A change of clothes



Wolves and Women's Weekend: Boundary Waters Adventure Itinerary

Note: Itinerary is subject to change, and outdoor hikes and activities may vary with weather conditions.

Friday, September 14, 2018

Receive free admission to the International Wolf Center. Use this time for self-guided exploration of the *Wolves and Humans* and *Little Wolf* exhibits, watch a wolf-themed documentary in the theater, participate in a daily program or enjoy watching our ambassador pack of gray wolves. The Center is open Friday at 10:00 a.m.

- 4:00 p.m. – Meet in classroom for introductions and expectations for this weekend program
- 5:00 p.m. – Depart for Northern Tier High Adventure Canoe Base
- 5:30 p.m. – Dinner at Northern Tier
- 8:30 p.m. – Enjoy wine, cheese and refreshments
- 10:00 p.m. – Settle into your cabins for the night

Saturday, September 15, 2018

- 7:30 a.m. - Start your day with a hot breakfast at Northern Tier
- 9:00 a.m. – Discuss wolf research and radio telemetry before taking a short hike in search of a wolf's radio signal.
- 12:00 p.m. – Lunch at Northern Tier
- 1:00 p.m. – Spend the afternoon canoeing on beautiful Moose Lake
- 4:00 p.m. – Depart for dinner at a local restaurant
- 6:00 p.m. - Get ready to learn about predator/prey relationships during our weekly “What’s for Dinner?” program at the International Wolf Center
- Enjoy wine and cheese after dinner
- 9:00 p.m. – Settle in for a slumber party style overnight in the International Wolf Center’s observation area

Sunday, September 16, 2018

- 7:30 a.m. – Continental breakfast at the International Wolf Center
- 8:00 a.m. – Pack up belongings and wrap up our adventure
- Program concludes at approximately 9:00 a.m.



Educational Program Registration and Liability Form

Please fill out a form for each program participant

Program name: _____ Program date(s): _____

Name of participant: _____ Age: _____ Gender: _____

If under 18, Parent/Guardian name: _____

Contact Information for Parent/Guardian during the program: _____

Alternative Emergency Contact: _____ Phone: _____

Participant's Home Address: _____

City/State/Zip: _____ Home Phone: _____

Does the participant have any dietary needs or food allergies? _____

Is the participant allergic to bee stings or insect bites? _____

Does the participant have any medical conditions or allergies we should be aware of? _____

Is the participant currently on medication? _____

Explain: _____

Current immunizations are required for participation. Participant is current on vaccinations _____ (initials)

Health Insurance Company: _____ Policy Number: _____

Family Physician: _____ Phone: _____

I give permission for the aforementioned participant to attend the International Wolf Center's educational program on the dates indicated above. I understand that they will be supervised by an International Wolf Center staff member, and given risks inherent in any type of indoor or outdoor program including program transport, the International Wolf Center is to be held harmless. The program may include both indoor and outdoor activities, for which I will prepare the participant. I also give permission for necessary emergency medical care to be given to the participant at an appropriate medical facility. For a participant under the age of 18, I understand I need to pick them up at the Guest Services Desk.

Signature: _____ Date: _____
(Parent or Guardian if under 18)

I give permission to the International Wolf Center to use photos or other media of this participant for promotional use.

Signature: _____ Date: _____

